





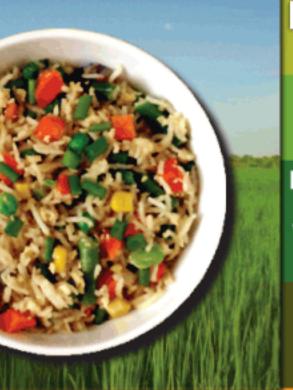
The best activities guide around!

**JULY 2008** 



"See the Bugle for the advertisement".

# ORIENTAL BUFFET



# FRIDAY, 25 JULY, 1700 - 2030 SHA HOB NOB INN

Adults (advance): \$8.95, at the door: \$13.95 Kids 4-12 (advance): \$4.95, at the door: \$8.95 Kids Under 3: FREE

Fried Fish Fillet w/ Chinese Vegetable Sauce, Sweet and Sour Pork, Fried Spring Rolls, White Rice, Fried Rice, Vegetable of the Day, Tossed Green Salad, Homemade Cake

Looking for a place to host your private party?
The Hob Nob Inn dining room is available
Wednesday through Saturday. Reservations on a first
come first served basis.
Room deposits are required to hold the date.

Phone 267-6097 or 263-4547 (CZCC)



The U.S. Army Garrison, Japan (USAG-J), MWR, Marketing Branch, produces the Zama Bugle. The Marketing Branch is located in Bldg. 102, B100 (Northeast Corner) South Camp Zama, Japan

Mention of corporate names in this publication does not imply endorsement by the U.S. Army or Federal Government of the United States.

DMWR strives to provide individuals with



disabilities reasonable accommodation, and are included in all

community recreation program planning, as appropriate for the activity. For further information, please contact the activity manager on accommodations.



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### THIS MONTH'S COVER

July 4th, 1776 is the birth date of our great republic. The Declaration of Independence, the Bill of Rights and the Constitution of the United States of America spell out the ideals and framework for our democratic way of life. It has not been without cost. Our service men and women, from the Minutemen to our present all volunteer military, have been our protectors, often with the ultimate sacrifice of their lives, in order that we may continue to live in freedom as no other citizen of any country ever has. As we remember this historic date and day with celebrations of traditional picnics and fireworks, let us also take the time to remember and celebrate our service members and let them know we support them.

Photo composition by Hideko McKeta.



# A ER

Emergency Leave:
Primary funding for
travel to a gateway city
of service members
and command sponsored family members is
handled by the Military
Personnel Division. AER
assists with travel from
the gateway to and from
the leave site.



# ■ Army Community Service • 263-8327

# RELOCATION READINESS 263-HELP (4357)

• Medical Morning Briefing

17 July, 8 - 11 am Camp Zama Community Club (right wing). Health care professionals provide information about medical care and counseling services in Japan and the military community. A pharmacy class, which is mandatory in order to receive over the counter medications, is also given during this briefing. The orientation is mandatory for military and civilian personnel. Adult Family members may also attend.

# • Newcomers Train Class, Part I and Part II

**Part I:** 17 July, 6 - 8 pm, ACS Community Room, Bldg 402. This class will teach you how to read the signs in the stations, buy train tickets and more.

Part II: 19 July, 9 am - 4 pm, Gate 4, Camp Zama. Join us as we practice how to travel by train and subway. Children and Family members are welcome; bring about ¥1,400 per person for transportation expenses and extra yen for shopping.

• Shopping on the Economy 18 July, 9:45 am - 12:30 pm, Gate 4, Camp Zama. Join our Japanese volunteers as they take you on a guided tour to a local supermarket, then on to the five story "100 Yen Shop" in Machida. Bring ¥400 for transportation and extra yen for shopping. Children are welcome.

# MOBILIZATION AND DEPLOYMENT PROGRAMS 263-HELP (4357)

Please contact Mr. Gary R. Woods at 263-8091 to schedule your unit pre-deployment readiness training, reunion briefing, Family readiness group training, and unit rear detachment commanders training. Free child care is provided by CYS during official FRG functions (advance coordination is required).

 Pre-deployment and Ongoing Readiness Training

This training is designed to help all deploying Soldiers, DoD Civilians and their Families prepare for a less stressful and more successful deployment held the 2nd Thursday of each month from 3 - 4 pm in the ACS Community Room.

### • Deployed Spouse Program

If your spouse is deployed, then ACS is looking for you! Please visit us to lean more about our Deployed Spouse Program and sign up for your membership card. This card will entitle you to various discounts throughout USAG-I, MWR facilities.

# AER/FINANCIAL/EMPLOY-MENT, 263-HELP (4357)

The ACS Financial Readiness Program offers a variety of services such as finance education, budget assistance and personalized budget counseling, plus a host of many other financial related programs. This program was created to enhance and maintain mission readiness and quality of life by providing Soldiers and their Family members a readymade program to help achieve personal financial readiness through the use of sound money management skills. For more information, phone 263-5550.

# NEWCOMER'S ORIENTATION Wednesday, 16 July, 8 am - 4:30 pm Community Club (Right Wing) Opening welcome by the Command Group and overview of different programs and services presented by various representatives. "Taste of Japan" luncheon at the Camp Zama Community Club; sponsored by KDDI (Left Wing).

Mandatory for military and civilian personnel.

Adult Family members are encouraged to attend.

"See the Bugle for

the advertisement".

1st Wednesday each month, 8:30 am - 4:30 pm, mandatory First Term Soldiers Financial Readiness Class. 2nd Wednesday of each month, 1 -2:30 pm, Credit and Debt, and 2:30 - 4:30 pm, Investment / TSP 4th Wednesday of each month 1 - 2:30 pm Basic Budget, and 2:30 -4:30 pm, Checkbook Management.

# **FAMILY ADVOCACY PROGRAM**

The Family Advocacy Program provides services that support military Families. The programs are designed to prevent Family violence and sexual assault. If you, your unit, or organization would like to schedule a class, workshop or seminar on topics such as spouse and child abuse prevention, reporting and referral procedures, safety education, family life enhancement, stress management, survival tips for parents, etc., contact the Family Advocacy Program Manager at 263-4357.

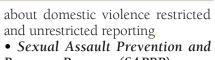
The Reporting Point of Contact (RPOC) for suspected child abuse and spouse abuse is the Military Police at 263-3002. Reports of domestic violence may be made on a restricted basis only to the following desig-

# New Parent Support Program

The NPSP, a division of the Family Advocacy Program, specializes in assisting and offering services to new and expecting parents.

- · Play Morning is an interactive play group for parents and children aged birth to 6 years. Held Tuesdays, 9:30 - 11 am at Zama Chapel, Bldg 502, and every 2nd, 3rd, and 4th Thursday, 9:30 - 11 am, at SHA CDC.
- Baby Love Seminar "Potty Training" held during 22 July, 10 10:30 am, during Play Morning at Zama Chapel, Bldg 502.
- Breast Feeding Support Group is held Thursday,
   3 July, 9:30 10:30 am, at ACS Bldg 402, and
   21 July, 9:30 10:30 am at SHA CDC.
   NPSP Workshop "Coping and Communicating with Young Toddlers" held on 17 July, 3 4 pm,
- at ACS Bldg, 402.

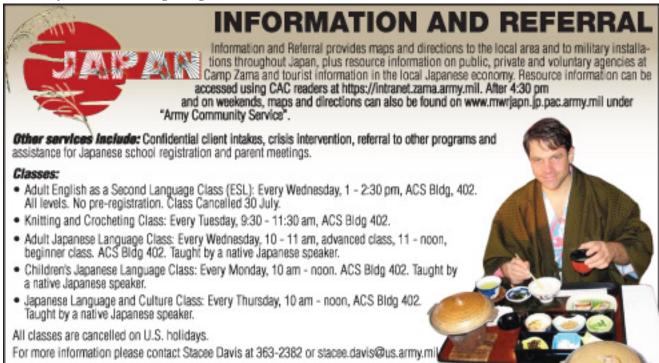
  Baby Bundles information and supplies for new
- and expecting parents are available by calling
- Electric breast pumps are available for a 30 day loan period at ACS.



This is a commander's program designed to help prevent sexual assault through increased awareness and training and to provide information and resources if sexual assault occurs. An individual who is sexually assaulted may report the incident in a restricted or unrestricted man-

nated personnel: military health care providers, Family Advocacy clinical social workers at Behavioral Health Services at 263-4610, and the Family Advocacy Program Manager (FAPM) at 263-8057. Information provided in restricted reports will not be disclosed automatically to command or law enforcement. Access to medical care, forensic examination, advocacy, intervention and support will be provided. Contact the Victim Advocate at 263-4853 for additional information

Response Program (SAPRP) ner. To make a restricted report,



# ■ Army Community Service • 263-8327

contact a medical provider, chaplain, the Sexual Assault Response Coordinator (SARC) at 263-4853 or the on-call Unit Victim Advocate at 090-9395-8909. To make an unrestricted report, contact the Military Police at 263-3002, the chain of command, or the SARC at 263-4853 or 080-6772-6735.

# EXCEPTIONAL FAILY MEMBER PROGRAM 263-HELP (4357)

The Camp Zama Exceptional Family Member Program (EFMP) is a mandatory enrollment program for active duty Soldiers with Family members with special needs. It is important for spouses to enroll their Family members to ensure their Family members receive the best possible care at their existing and future duty assignments. If you are currently enrolled in EFMP keep in mind your file must be reviewed every 3 years or upon a change in condition of the Family member, which ever comes first. Soldiers just arriving at Camp Zama and the sponsor of an Exceptional Family Member must in-process with the EFMP Coordinator.

# • EFMP Workshop

"Resources for Exceptional Family Members" offered 31 July, 2 - 3 pm, at ACS Bldg 402.

# COMMUNITY LIFE OFFICE, 263-HELP (4357)

• Army Volunteer Corps (AVC) Would you like to learn new skills, meet new people and explore new career fields? Would you like to make a difference? Then you may want to enter the exciting world of volunteerism. Register as a volunteer in the Volunteer Management Information System (VMIS). It's easy to get started! This can be completed at your home, the Education Center, the library or by utilizing the "Volunteer" computer at ACS. If you do not already have an account at www. myarmylifetoo.com, register for an account by going to the site and clicking on "register for an account". Once registered with MyArmyLife-Too, click on "Become a Volunteer" and select "Volunteer Registration. To become a Camp Zama volunteer, contact your Army Volunteer Corps Coordinator at 263-8087.

# ARMY FAMILY TEAM BUILDING (AFTB) 263-HELP (4357)

The Key to your Army journey and Passport to Power! Did you know that you could earn promotion points from AFTB? If you are a young Soldier, SGT or below, and need Promotion points AFTB is a good source and a great tool that you will be able to use throughout your military career. Come join us for our next AFTB class! For more information or to register, please contact the AFTB Program Manager at 263-8087.

# ARMY FAMILY ACTION PLAN (AFAP), 263-HELP (4357)

"AFAP is a year round process"! To submit an AFAP issue, log onto gttoL..www,mwrjapan.jp.pac.army. mil/ and click on "Submit an AFAP Community Idea/Concern". Issues can be submitted anonymously and will be sent directly to the AFAP Program Manager.



# THIS MONTH'S SCHEDULE

- King of the Hill Tournament Sunday, 6 July, 11 am - 6 pm.
- No Tap Tournament Sunday, 20 July, 11:30 am - 2:30 pm.



# Summer Bowling Specials

# Began 1 June thru 31 August

- MONDAYS (3 for 1 bowling, 1 3 pm)
   Bowl three games and earn one free game.
- TUESDAYS (Youths bowl for \$1 a game, 11 am closing)
  if bowling with at least one adult.
- WEDNESDAYS (Red Pin Bowling, 11 am closing)
   Get a strike when the red pin is in the #1 position and get one free game instantly (for paying customers only).
- THURSDAYS (Free Family Time bowling, 3 pm closing)
   18 lanes available, 3 7:30 pm; 8 lanes available, 7:30 closing.
- FRIDAYS (Marathon Bowling, 11 am closing)
   \$10 for 2 hours of bowling. The bowler who bowls the most games in two hours will be our marathon bowler of the week and eligible to win a \$100 AAFES gift certificate drawing at the end of the summer. Every week, the bowler with the highest 3 games will also be eligible for a \$100 AAFES gift certificate drawing at the end of the summer.
- SATURDAYS (Cosmic Bowling, 7 10 pm)
   \$6 for adults and \$3 for youths 9 years and under (unlimited bowling)
- SUNDAYS (2nd and 3rd Sundays only)
  Hey you high rollers..."Pot Bowling".

For more information, call 263-4780

Paid Advertisements

operating hours. The lounge is open until 7 pm, 7 days a week, with a limited dinner menu and drink service. Stop by and enjoy our new deck and lounge.



# Camp Zama Golf Club • 263-3694 http://www.usarj.army.mil/information/mwr/business/golf/



# TOMODACHI DAYS IN JULY ARE AS FOLLOWS:

11 July - Friday

18 July - Friday

25 July - Friday

28 July - Monday

Your Japanese guests (up to three) can play with you for the low fee of ¥5,000 plus cart. This is a significant savings over the regular rate of ¥11.000. Check with starters for available tee times

## **PAYDAY SCRAMBLE**

Friday, 1 August, shotgun start at

11:30 am. Free! MWR is paying the \$15 entry fee and green fees for non-members. MLC/IHA pay ¥5,000 and JGSDF pay ¥3,000. Sign up on line at http://www.mwrjapan.jp.pac.army.mil/information/ mwr/business/golf/

# **NICHIBEI FRIENDSHIP TOURNAMENT**

Wednesday, 16 July, shotgun start at 9:30 am. Contact Ernie Harada at 263-4225 to sign up. Cost is \$25 for SOFA status golfers plus green fees for nonmembers.

### TRADE-INS

You can trade-in your old clubs for "instant" credit towards the purchase of new clubs. Find out how much your clubs are worth at http:// valueguide.pga.com/





# LUNCH

### Mondays

- 7 BBQ Skewer / Hawaiian Rice
- 14 Pork Chop Soy / White Rice
- 21 Chicken Curry / White Rice
- 28 Chicken Adobo / Fried Rice

### **Tuesdays**

- 1 Cheese Pepperoni Pocket
- 8 Fish Po Boy
- 15 Pork BBQ Sandwich
- 22 Chicken Spinach Pocket w/ Cream Cheese
- 29 Southwestern Egg roll

### Wednesdays

- 2 Chicken Fried Steak
- 9 Pork BBO / Beans
- 16 Blackened Chicken
- 23 Chicken Monterey w/Swiss Cheese and Ham
- 30 Pork Cutlet

# **Thursdays**

- 3 Taco Salad
- 10 Beef Faiita
- 17 Chicken Enchilada
- 24 Chicken Fajita
- 31 Cajun Style Chicken

Fridays (11, 18 and 25 July Fried Cod Fish and Fried Shrimp)

4 4th of July (no daily lunch special)

### Saturdays

(No Daily Lunch Special)

# LUNCH

### Sundays

- 6 Hashed Beef w/Turmeric Rice
- 13 Spaghetti w/Meat Sauce and Garlic Toast

### LUNCH

- 20 Hamburger Steak w/American Cheese and Gravy
- 27 Chicken Tomato Stew w/Pasta

# LEARN TO GOLF ADULT CLASSES



# TAKE THE MYSTERY OUT OF GO

Course is designed for beginner golfers and covers putting, chipping, full swing, rules, and etiquette.

- Instructors: Dale Jorgenson, Director of golf Schad Nii, Assistant Golf Professional
- Date: Thursday Yearly Schedule
- Time: 4 5:30 pm
- Class Size: Maximum 16 and Minimum 6
- Price: \$99 per person
  - Price includes: Five group lessons per session (First four at range, fifth at course)
  - \* Four 9 hole rounds of golf (cart not included)
  - Golf clubs and balls (for class)
- Enroll: Sign up at the Golf Course Pro Shop.
- · Eligibility: SOFA status personnel, MLC, IHA,



# 2008 Group Lesson Schedule:

- \* Session 4: 14, 21, 28 Aug and 4, 11 Sep \* Session 5: 2, 9, 16, 23 and 30 October

POC: DALE JORGENSON, DIRECTOR OF GOLF dale.jorgenson@us.army.mil or 263-3694

SCHAD NII, ASSISTANT GOLF PRO schad.nii@us.army.mil or 263-5284



# UNIO

Monday: Putting • Tuesday: Chipping • Wednesday & Thursday: Full Swing

Junior Clinic #2: 7 - 10

Schedule:

Age 6 - 9 (8 - 9:30 am) Age 10 and above (10 - 11:30 am)

# JUNIOR CHAMPIONSHIP

# Friday, 18 July, 7:30 (shotgun start)

- Luncheon and Awards Ceremony to follow!
- Open to participants of both clinics!

Please call Youth Sports for registration information (263-4066/5991).

# C afe

Roberto is proudly serving Starbucks coffee all day. Enjoy sandwiches, salads, nachos, pizza and desserts with family or friends. Also, a Continental Breakfast is available Tuesday - Friday, 7 - 9 am. Come join us!!!

### CAMP ZAMA COMMUNITY CLUB



# Thursday:

Cards on sale: 6 pm "Early Bird" game: 6:45 pm Regular game starts: 7 pm

# NEW POWER BINGO HANDSET:

Simply press in each number called and then press the "Enter" button. The handset will automatically daub all of your cards. Bingo packet and handset (\$28) have all the games except Early Bird and U-Pick-em: Target Bingo; Bingo within 54 numbers \$1,000, up and down

Jackpot \$3,000
starting at 48
n u m b e rs
n u m b e rs
and fourth
S u n d a y
will go up
10/19/35/54/69
and go
down \$100,

and Progress SR Jackpot \$5,000 starting at 48 numbers and fourth Sunday will go up 1 number.

# ■ Camp Zama Community Club

• 263-4547

# FIRELITE LOUNGE

# • Every Friday Night

Variety music from 7 - 10 pm and "Hip Hop music w/DJ" in the Firelight playing your favorite Hip Hop artist songs from 10 pm - 3 am. Friday 2 May, "Open Mic Night".

# • Country Music with DJ

On Saturday night 5 and 12 July, 8 pm - 2:30 am in the Firelite Lounge, hear your favorite country artist songs. On the 2nd and 4th Wednesday, enjoy free line dance instruction from 8 - 9:30 pm.

# • Old School Night

Saturday, 19 July, 8 pm - 2:30 am in the Firelite Lounge playing your favorite 60's, 70's, 80's and 90's artist songs.

# • Latino Night

Saturday, 26 July, 8 pm - 2:30 am in the Firelite. Dance to the sounds of Latino music from the best Latino DJ's in Japan.

## **LUNCH**

Sunday Brunch (10 am - 1:30 pm):

Adult: \$12.95

Youth 8 - 12: \$6.95

Youth 4 - 7: \$3.95 3 and under: Free

**Tuesday:** (Rotisserie Chicken and Katsu Don)

- 1 Yurinchin
- 8 Turkey ala King
- 15 Chicken w/Cajun Sauce
- 22 Spanish Chicken
- 29 Vegetable Lasagna

Wednesday: (Rotisserie Chicken, Chicken Don)

- 2 Sliced Roast Beef
- 9 Tempura Fish
- 16 Hamburger Steak w/Mushroom Demiglaze
- 23 Sweet Sour Fish
- 30 Pork Kushikatsu

**Thursday**: (Rotisserie Chicken)

3 • Stuffed Cabbage Roll



# LUNCH

- Penne Chicken Spinach Cream
- 10 Bruschetta Stuffed Chicken Roll
  - Spaghetti w/Meat Sauce
- 17 Pork Adobo
  - Grilled Chicken Pasta
- 24 Chicken Fried Steak
  - Penne Putanesca Sauce
- 31 Yankee Pot Roast Beef
  - Hiyashi Cyuuka

### Friday "Lunch Buffet" (\$6.95)

- 4 Closed (Independence Day)
- 11 Petty Pork Cutlet w/Curry
  - Kara Age Chicken
- 18 Chicken Enchiladas
  - Beef Tacos
- 25 Chinese Chili Chicken
  - Hoikou Rou

Saturday (No Lunch)

# **DINNER MENU**

Sunday (Limited Menu) 5 - 9 pm Two for One Steak Night for \$20

(good for "Steak of the Night" only and no take out)

(Includes soup and tossed green salad, hot vegetable of the day and your choice of baked potato, rice, or mashed potato. Modified menu will be offered on Sunday nights).

Monday - Closed

# Tuesday

2 Meals for \$15 and regular and limited menu, 5 - 9 pm. Menu will change every week.

# Wednesday (5 - 9 pm)

- Mongolian BBQ
- Limited Menu

Thursday (Limited Menu) 5 - 9 pm

• "All You Can Eat Pasta,

Pizza, Soup and Salad Bar" (no take out)

# **DINNER MENU**

Adult: \$10.95 Youth 4 - 12: \$5.95 3 and under: Free

# Friday "Chef's Special"

Regular Menu (5 - 10 pm)

- 4 Closed (Independence Day)
- 18 Community Night

Saturday (Regular Menu) 5 - 9 pm

- Prime Rib Dinner
- Prime Rib and Shrimp Scampi
- 12 Texas Hold'em

Our regular menu will be offered in addition to the above specials on Saturday night.



# HOURS OF OPERATION Friday, 4 July

Cashier's Window Open: 8 pm Firelite Lounge Open: ---8 pm Game Room Open: -----8 pm

# CAMP ZAMÁ COMMUNITY CLUB

# Dining Out

# USA Dining Room

Tuesday Night Family Special 5 - 9 pm

Any Two Meals ~ \$15

Theme Menus ~ American, Chinese, Japanese, Korean, Mexican, etc. \*Menu changes every Tuesday.

 Includes soup & salad bar, hot vegetable of the day and your choice of baked potato, rice, mashed potato or fries.

\*Sorry NO take-outs!

# **Mongolian BBQ**

Every Wednesday in the ballroom, 5 - 9 pm with modified menu. Reservations are welcome. (please call before 3 pm)

\*USA Dining Room is closed.

# Sunday Brunch

Open: 10 am - 1:30 pm Adults: \$12.95 • 8 - 12: \$6.95 4-7: \$3.95 • 3 and under: free

# USA Dining Room

# Thursday "All You Can Eat"

Pasta, Pizza, Soup & Salad Bar

Adults: \$10.95 • Ages 4 - 12: \$5.95 Under 3 years old: FREE •Regular menu is available. Sorry, NO take-outs!

# Saturday Night Special

Prime Rib or Prime Rib & Shrimp Scampi

\*Our regular menu will be offered in addition to the above specials on Saturday night.

# Friday Night Chef Special

Our regular menu will be offered in addition to the Friday night chef's special.

# EUERY SUNDAY STEAK NIGHT

Two for One Steak for \$20 includes soup and tossed green salad, hot vegetable of the day and your choice of baked potato, rice, or mashed potato. (Good for "Steak of the Night" Only)

\*Modified menu will be offered on Sunday nights. Sorry, NO take-outs! ■ Paid Advertisements • 263-8994

# ■ Sagami Lounge • 268-4954/4847 • Orders: 268-4142

# **LUNCHES**

# **MONDAY**

- 7 Fried Chicken
- 14 Garlic Chicken Saute
- 21 Lasagna w/Garlic Bread
- 28 Hamburger Steak

### **TUESDAY**

- 1 Spaghetti w/Meatsauce Casserole
- 8 Yakisoba, Fried Rice and Karage
- 15 Hamburger Steak w/Cheese
- 22 Chicken Cashew
- 29 Chicken Fajita

### WEDNESDAY

- 2 Beef Cutlet w/Cheese
- 9 Lasagna w/Garlic Bread
- 16 Chicken Cutlet (Lounge Special)
- 23 Beef Taco Rice
- 30 Beef Curry w/Indian Bread

# **THURSDAY** (All-U-Can Eat)

- 3 Mexican Buffet
- 10 Germany Buffet
- 17 American Buffet
- 24 Italian Buffet

# **FRIDAY**

- 4 Closed
- 11 Broiled Salmon w/Clam Sauce
- 18 Shrimp Soft Taco
- 25 Seafood Platter

# **DINNER SPECIALS**

# **TUESDAY NIGHT** (LIMITED MENU/DINNER SPECIAL - \$7.50)

- 1 Mexican Dinner Special
- 8 BBQ Dinner Special
- 15 Japanese Dinner Special
- 22 Pizza and Pasta Dinner
- 29 Regular Dinner Menu

# **WEDNESDAY NIGHT**

Family night movies for adults and youths (2, 9, 16, 23 and 30 July) regular dinner menu. Choose your discount.

# **THURSDAY NIGHT**

(REGULAR DINNER MENU)

### **FRIDAY NIGHT**

(MONGOLIAN BBQ)

Friday, 11 and 25 July, enjoy the best Mongolian BBQ in town!!!

18 Regular Dinner Menu

# **SATURDAY NIGHT**

- 5 Steak and Scallops Set (\$20)
- 12 Steak and Seafood Plate Set (\$25)
- 19 Steak and Shrimp Set (\$20)
- 24 Steak and Salmon Teriyaki

(\$20)

To make a party reservation at Sagami Lounge, please phone 268-4954.



Please give us your



# Good or Bad, we'd like to know!

Make your input online at the US Army Garrison, Japan ICE site and enter to win a prize! Drawing held at the monthly Community Night.

http://ice.disa.mil/index.cfm

# USARJ COMMUNITY NIGHT



# 18 JULY, FRIDAY CZCC BALLROOM, 1700 - 2000

Hors d'Ouevres, Prizes, & Entertainment
Tickets Available at Cashier's Window, Advance Ticket \$ 3, At the Door \$ 5
For More Information Call 2 6 3 - 4 5 4 7

■ Paid Advertisements • 263-8994







Are you looking for a program that can provide a great deal of fun this summer for our children? We are well on our way providing a wonderful Summer Camp which started on Monday, 16 June. But if you hat the SAS Summer Camp Program, or if you are a newcomer to the Zama community, there are eight one-week sest and August.

SAS July Events:
Independence Day Friday 4 July Closed
Parent Advisory Meeting Thursday July - 1700 - 1800
SAS Summer Camp "Rats" Field Trips
Tokyo Disneyland Tuesday 1 July - 0800 - 1800
Ogino Undo Park Thursday 3 July - 1300 - 1630
Mt. Fuji 5 - 6 level climb Tuesday 8 July - 0830 - 1630 Alternate, Isehara Science Museum
Movie Day Thursday10 July - 1300 - 1630
Yokohama Sea Paradise Tuesday15 July - 0830 - 1800
Overnight Camp in Dewey Park Thursday - 17 - 18 July - 0830 - 1630
DisneySea Tuesday22 July - 0800 - 1800
Green Wave Park Thursday 24 July - 1300 - 1630
Fujikyu Highland Tuesday29 July - 0800 - 1800 Alternate, Tokyo Kagaku Gijutsu Kan ( Tokyo Science Museum)
Daiso Machida 100 Yen Store Thursday 31 July - 1300 - 1630

# SAS Sumn

Overnight ( Tokyo Disn Daiso Mach Yokohama S

Hiratsuka S

Yomiuri Lar Green Wave

# SAS Sumn

Summer Ca Summer Ca

- Open Rec
- Open Rec

Meals and Snacks: Field trips are paid for with your registration fees. Many, but not all, include lunch. A field trip schedule will be pro-

### Registration

The Summer Camp Program offers weekly packages available on a first come, first serve basis. Completing your registration packages must be paid in full the Wednesday prior to the first day of the camp week.



# Rats" and Pre-Teen Program

22 August

ven't made a decision yet in enrolling your child (ages 6 - 12) in sions remaining. There are four sessions remaining in both July

# er Camp "Preteen" Field Trips

Lamp at Tama Hill	Thursday - 10 - 11 July	0930 - 1030
eySea	Monday14 July	0730 - 1800
ida 100 Yen Shop	Friday18 July	0830 - 1630
Sea Paradise	Monday21 July	0830 - 1630
ogo Park	Friday25 July	0830 - 1630
nd	Monday28 July	0830 - 1630
Park (am)	Monday28 July	0830 - 1630

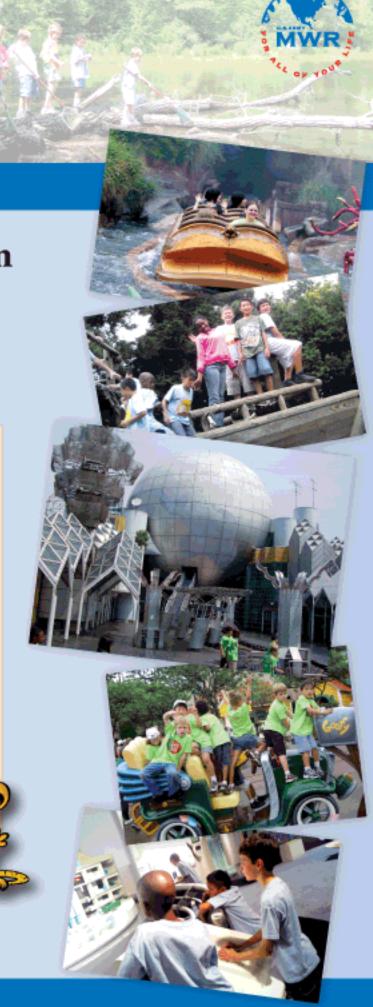
# er Operating Hours:

mp	Early Ca	re	-Monday	- Friday	-	 -	-	 -	-	-	-	-	0530 - 0730	
mp			-Monday	- Friday	-	 -	-	 -	-	-	-	-	0730 - 1700	

reation Program will not be offered during Summer Camp. reation program will resume on Saturday, 6 September.

rided with details.

kage and paying your weekly fee will reserve your slot for that week. Fees and



# ZAMA

Take a hassle free vacation to the city of Peace and Culture.

# Labor Day Tour to Hiroshima

Enjoy a bullet train ride to see the beautiful city of Hiroshima.
 Let's explore the old and new traditions of what Japan has to offer today.



# CALL ZAMA ITT OR CHECK OUR WEBSITE FOR MORE INFORMATION.



- Military PHONE 263-5273/4059
- Military FAX 263-7507
- E-Mail travel@zamaitt.com
- Commercial PHONE (046) 254-8896
- Commercial FAX (046) 255-0356
- · Website: http://zamaitt.com















# ■ Child Development Center • 267-6564

# SHA CHILD DEVELOPMENT CENTER

Closed

Friday, 4 July (Independence Day).

• Field Trip to Zoorasia

Wednesday, 2 July, 8:30 am - 4:30 pm (Kinder Camp).

• Enoshima Aquarium

Wednesday, 9 July, 8:30 am - 4:30 pm (Kinder Camp).

- SHA CDC PAC Meeting (for patrons only) will be held on Thursday, 10 July, 4 4:45 pm, at the Sagamihara Housing Area Child Development Center.
- Tama Zoo

Friday, 11 July, 8:45 am - 4 pm (Preschool)

• Asamizo Park

Friday, 11 July, 1 - 3:30 pm (Kinder Camp).

• Sea Paradise

Wednesday, 16 July, 8:30 am - 4:30 pm (Kinder Camp).

• Sea Paradise

Friday, 18 July, 8:45 am - 4 pm (Preschool).

• Atsugi Theater

Friday, 18 July, 1 - 3:30 pm (Kinder Camp).

• Toshiba Science Center

Wednesday, 23 July, 8:30 am - 4:30

pm (Kinder Camp).

• Fujikyu Highland

Friday, 25 July, 8:15 am - 4 pm (Preschool).

• Zama Bowling Center

Friday, 25 July, 1 - 3:30 pm (Kinder Camp).

• Shonandai Cultural Center

Wednesday, 30 July, 8 am - 4:30 pm (Kinder Camp).

For more information, please phone 267-6348.

# ZAMA CHILD DEVELOPMENT CENTER

Closed

Friday, 4 July (Independence Day).

• Red, White and Blue Water Party

Wednesday, 2 July, 5 - 8 pm.

• PAC Meeting

Wednesday, 9 July, 4 - 5 pm.

For more information, please phone 263-4992.





or youth sports and other programs, please register at the CYS Central Enrollment **Registry Office** located in Building 533 (first floor). For registration forms or other youth sports information, visit their website at www. zamayouthsports.org.

# ■ Youth Sports and Fitness

263-5437/4066/5991

# NATIONAL ALLIANCE FOR **YOUTH SPORTS (NAYS) ORGANIZATION**

Under the NAYS guidelines, we have created the baseline for age group separation: 3 - 4, 5 - 6, 7 - 8, 9 - 10, and 13 - 15. We also offer girls divisions in soccer, softball. and basketball: 9 - 11 and 12 - 15. The focus for each age group is as follows: 3 - 4 and 5 - 6 year olds (create a developmental program); 7 - 8 year olds (create a sports introduction program); 9 - 10 year olds (create an organizational program); and for 11 - 12 and older (focus on a skill enhancement program).

Youth Sports and Fitness is looking for volunteer coaches for youth sports. Please check our web site "www. zamayouthsports.org" for more information.

National Alliance for Youth Sports, help kids get ready for sports...and succeed in life. It is a step-by-step approach that builds confidence and self-esteem, and makes sports fun. Start Smart was developed by top motor skill development specialists in the field of youth sports. Parentchild groups perform motor skill tasks that gradually build confidence in children while they are having fun at the same time.

# START SMART PROGRAM

Start Smart Programs, created by the





For all Youth Sports and Fitness information, please visit our web site at: www.zamayouthsports.org

Youth Sports Clinics



Have fun while you learn the basic fundamentals of specific sports and stay physically fit all summer long.

- Open to boys and girls ages 9 18:
  - Basketball: 7 11 July
  - Outdoor Sports Week: 28 July 1 August (wiffle ball, flag football, ultimate frisbee, and other sports).
  - Softball clinic I: 4 8 August
  - Softball clinic II: 11 15 August
- Open to boys and girls, ages 5 18 Major League Envoy Baseball Clinic: 14 - 16 July British Football Academy Soccer Clinic: 21 - 25 July
- All registrations are taken at the CYS Central Enrollment Registry Office, Bldg #533. For more information, call 263-4066/5991.

# ■ Child and Youth Services • 263-4500

www.zamayouthcenter.org

# **COMPUTER LAB**

# • Lego Olympics

Registered members of the youth center who are in 6th through 12th grades are welcome to participate in the "Lego Olympics". This week long challenge is from 7 - 11 July, 2 pm. The participants cooperate with adult mentors to create robots according to their own interest. Participants may start by using pre-existing instructions to build their robot, or begin building their own design. They will then begin a programming session that defines the blueprints for the robot's performance. On 11 July, members will have their robots face the challenges of the "Lego Olympics".

# • Music in USA

All registered youth center members who are in 6th through 12th grades will have an opportunity to see how music grew throughout history. Starting from the 50's, members will search and learn how music was made, played, and heard. Members will even have an opportunity to create their own music. This is a week long program from 21 - 25 July, 2 pm.

# • Web Page Creators

Learn the many things in web making by taking this two day course. Apply backgrounds, pictures, special

fonts, and links. The program starts at 2 pm on 30 - 31 July.

# • Friday Night Game Night

Attention!!! All registered youth center gamers who are in 6th thru 12th grades. Join us the first and third Friday night (except on dance nights) from 6 - 10 pm for "Game Night" and

battle it out with our popular Tank game and more. Prizes will be given out for the Top Dogs.

Contact Mr. Sheahan at 263-8573 for more information or http://www.zamayouthcenter.org/techlab/robotics.html.

# **TN** Zama Teen News





Join us on our very own news show. Club members in grades 6 - 12 will meet on 1, 15 and 29 July, 3 - 5 pm. They will learn how to film, edit and produce their own news show which will be shown on our web site and on the MWR TV channel. We are looking for youth anchors, reporters, camera persons, editors, and producers. Youths may join in at any time. Volunteers are needed to help make this program a success. Times may change. Contact Mr. Sheahan at 263-8573 or e-mail techlab@zamayouthcenter.org for more information. More information

on our ZTN program can be seen at www.zamayouthcenter.org/ZTN.



**MWR COMMERCIAL SPONSORSHIP** and the **CYS YOUTH CENTER** staff thank the Fujikyuko Co, Ltd (Fujikyu Highland) for supporting our community and the reception honoring the Zama High School graduation class and their parents at the youth center on 8 June 08.







o register for all the exciting youth programs please go to the CYS Central Enrollment Registery Office (CERO) in building 533, Monday through Friday, from 8 am - 5 pm. For more information on any of the CYS programs, please call 263-4125.

# ■ Child and Youth Services • 263-4500

www.zamayouthcenter.org

### YOUTH CENTER

### • Paintball Tama Hills

Wednesday, 2 July. This goes out to all you paintball lovers or those who are looking for a little thrill. This summer we are offering a paint ball trip to Tama Hills. Invite all your friends so you can play as teammates or against each other. The bus will depart at 10 am and return around 5 pm. For more information, call 263-4500. The cost is \$30.

# • Nagashima Spa Land

Wednesday, 9 July, Check out this amusement/water park in Osaka! The "Steel Dragon" 2000 has the fastest and tallest drops record from 2000-2003. It also holds the current record for the longest coaster in the world. The "White Cyclone" also has the 4th longest wooden roller coaster in the world. Nagashima

Spa Land also has a great water park! The bus will depart the Zama Youth Center at 3 am and will return around 10 pm. The cost is only \$50.

# • Stone Magic Indoor Rock Climbing

Friday, 11 July. For all you rock climbing junkies and those of you who just want to try it for the first time, Stone Magic is the place for you! Stone Magic has certified rock climbing instructors who will guide you in proper rock climbing techniques. The bus will depart the Zama Youth Center at 1 pm and return around 5:30 pm. The cost is only \$25.

### • IZU Beach

Wednesday, 16 July. Enjoy a day in the sun on this beautiful white sand beach with crystal clear waters! Grab your boogie boards and snorkel gear and sign up now! The cost is only \$15. The bus will depart the Zama Youth Center at 6 am and return around 7 pm.

# • Our monthly PAC (Parent Advisory Committee)

Wednesday, 16 July. The PAC will be held at the Zama Youth Center and will start at 5:30 pm. Your input is important regarding youth center programs as well as establishing or changing youth center procedures.

### • Toshimaen Amusement Park

Wednesday, 23 July. Don't let the heat get you down; come and check out one of Japan's amusement/ water parks and enjoy the whole day riding roller coasters and getting wet. Please sign up now at CYS Central Enrollment Registery Office by 16 July. The bus will only be taking the first 30 youth center members. We will depart the Zama Youth Center at 9 am and return around 8 pm. Admission is only \$40.

# Tokyo Joypolis

Friday, 25 July. Join us at the youth center as we go to Odaiba to enjoy the largest game center in Japan, Tokyo Joypolis. This indoor amusement park features arcade games and



amusement rides based on SEGA. The bus will depart the Zama Youth Center at 9 am and return around 7 pm. The cost is \$40.

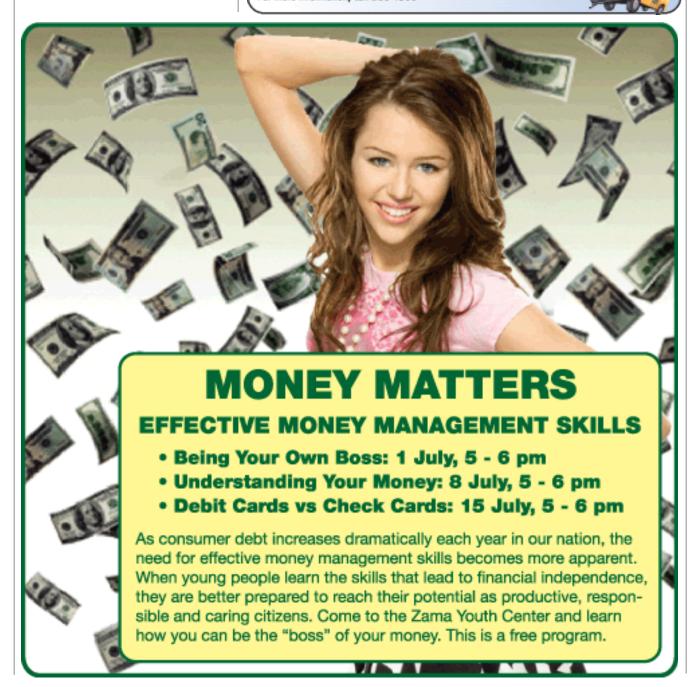
# • Big Bang (Go Carts)

Wednesday, 30 July. Go Carts, batting cages, arcades, and more! Sign up now for this indoor go-cart track in Yamato. The bus will depart the Zama Youth Center at noon and return around 4 pm. The cost is only \$25.

# **YS SUMMER BUS SERVICE**

- Naval Air Facility (NAF) Atsagiz The Zama Youth Center will be sponsoring a bus from Naval Air Facility (NAF) Atsagi every Tuesday and Thursday throughout the summer to the Zama Youth Center. The bus will pick up at noon and return at 7 pm in front of the theater.
- Sagamihara Family Housing Area (SFHA): The Zama Youth Center
  will be sponsoring a bus from Sagamihara Family Housing Area (SFHA).
  Monday thru Friday throughout the summer to the Zama Youth
  Center. The bus will pick up at noon and return at 7 pm in front
  of the Narita Bus Stop.

For more information, call 263-4500



# ■ Chapel Activities • 263-4898

# **CATHOLIC SERVICES**

**Mondays - Thursdays,** noon - 12:15, daily Mass, Blessed Sacrament, Chapel

Sundays, 9:15 am, Mass, Zama Chapel

### **PROTESTANT SERVICES**

Sundays, 11 am, Worship Service, Zama Chapel

Sundays, 11 am, Children's Church

(A nursery is provided for children up to 36 months at Zama CDS, Bldg 502, during the time of Sunday services only).

**Sundays**, 9:30 am, Sunday School, Religious Education Center, Bldg 913, Zama High School (temporary).

# SAGAMIHARA INSPIRA-TIONAL SERVICES

**Sundays**, 9 am, Sunday School, Sagamihara Chapel

*Sundays*, 10:30 am, Worship Service, Sagamihara Chapel.

Wednesdays, 6:30 pm, Bible Study (men, women and youths), Sagamihara Chapel.

(Children's church and nursery services are provided for children up to Kindergarten at the Sagamihara Chapel during the time of Sunday services, Youth church for 1st grade through 6th grade during Sunday service).

# PENTECOSTAL WORSHIP SERVICE

Sundays, 8 am, Worship service, Sagamihara Chapel

**Sundays**, 9 am, Children's Church, Sagamihara Chapel

Tuesdays, 6:30 pm, Bible Study, Sagamihara Chapel

*Fridays*, 6:30 pm, Prayer, Sagamihara Chapel

# SEVENTH DAY ADVENTIST SERVICES

**1st and 3rd Saturdays,** Joint Service, Eastside Chapel at Yokota AB.

10 am, Sabbath School 11 am, Divine Worship Contact Tom Johnson at 263-9004 or tom.johnson3@zama.army.mil

# **JEWISH SERVICES**

Please email Sharon Goodman at sharonrok@yahoo.com for information about the Jewish activities in the area.

### **BUDDHIST SERVICES**

(Soka Gakkai International - U.S.) *Mondays and Fridays*, 7 pm, discussion, Sagamihara Chapel, contact Mr. or Mrs.. Fulford at 046-257-0613 or at forris@forrisfulford.com.

# THE CHURCH OF JESUS CHRIST OF LATTER DAY SAINTS (LDS)

**Sundays**, 1 - 4 pm, Sunday Service, LDS Church located on Route 40, 5 - 10 minutes outside Atsugi Base (East Gate).

*Tuesdays*, 7 pm, Tuesday Night Youth Service, Sagamihara Chapel.

Call Richard Smith, 264-6545, or Travis Sommer, 267-6534.

# **CHURCH OF CHRIST**

**Sundays**, 9:45 am, Sagamihara Family Housing Area, 301D. For more information, call 267-6529

# **ON GOING BIBLE STUDIES**

Wednesdays, 6:30 - 7:30 pm, Adult and Youth Bible Study, Sagamihara Chapel, Pastor Sims at 263-7481/7108.

**Thursdays**, 9:30 am, PWOC (Protestant Women of the Chapel) Bible Study, Dana Sims at 263-7481.

*Thursdays*, 11:30 am, Men's Bible Study, CZCC Roberto's, CH Sears at 268-4534 or 267-6086.

**Thursdays**, 6 - 8 pm, PWOC Bible Study, Zama Chapel, Dana Sims at 263-7481.

# CHAPEL ACTIVITIES IN JULY

July 7 - 11, Christian Youth Vacation Retreat (Catholic)

*July 10 - 11*, USAG-J Marriage Retreat (Ecumenical), the New Sanno *Friday*, 18 July, 6 pm, Movie Night Show "Water Boy" (Catholic), Fellowhip Room, Zama Chapel.

The Zama Chapel community has many other programs for you and your Family (bible studies, youth groups, men's groups, women's groups, and music programs). If you desire more information, please call the chapel at 263-4898.



# ■ Auto Craft Shop • 263-3615

### **HOURS OF OPERATION:**

Sunday - Monday - CLOSED Tuesday - Friday: 1 - 9 pm Saturday: 10 am - 6 pm Training holiday: 10 am - 6 pm

### PLEASE NOTE:

- Tuesday Friday clean up starts a half hour before closing.
- Saturday clean up starts one hour before closing.

# **HELPFUL HINT**

• Did you know that oolong tea works really well to clean cigarette smoke residue from the inside of car windows?

# **SAFETY ORIENTATION**

DA-3031-1 Qualifications Card to use the auto craft shop is issued after a safety orientation given every day 15 minutes after opening and whenever time is available. This briefing is required before facility use and takes about 45 minutes.

### **SERVICES**

• Towing Service and Roadside Assistance

We offer a towing service and roadside assistance Tuesday through Sunday during the open hours of the auto craft shop.

• Used Vehicle Courtesy Inspection We offer a 20-point courtesy inspection for Soldiers and eligible personnel who are considering the purchase of a used vehicle. The purpose of this inspection is to help assess the condition of the vehicle before buying or selling. We do not make recommendations or give guarantees. Inspections are done by appointments only.

# HARLEY DAVIDSON **PRODUCTS**

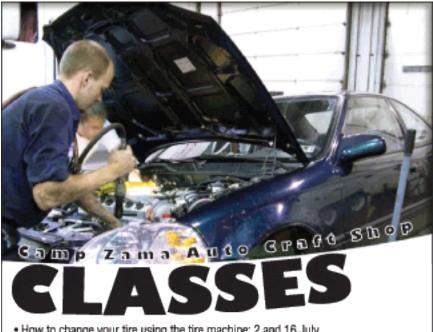
The auto craft shop has limited resale items from Harley Davidson. We have the basics for a tune up, various oil and lubes, spark plugs and some gaskets. Stop by the shop and see what we have to offer.

### **CAR WASHES**

Auto Crafts has three car wash locations: Camp Zama, Sagamihara Housing and Sagami General Depot. All locations offer the same service. The cost is very reasonable! ¥300 for a water wash, ¥500 for a "soap wash" and ¥600 for wash and wax. All machines now accept 25¢ coins. Cost is \$3, \$5 and \$6 respectively.

At Sagamihara Housing Area, the car wash is located behind the Sagamihara Gym Annex, Bldg #S126, open 24 hours; at Sagami General Depot, next to the AAFES Gas Station, open 24 hours; and at Camp Zama, at the Auto Crafts Shop, Bldg. #621; open six days a week, Monday 8 am - 4:45 pm, Tuesday - Friday 8 am - 8:45 pm and Saturday, 9 am - 5:45 pm.





- How to change your tire using the tire machine: 2 and 16 July
- How to change your automatic transmission fluid using the machine: 9 and 23 July
- How to rotate your tires properly: 6 and 20 August
- Understanding the warning lights on the dashboard: 13 and 27 August

NOTE: Final day of sign up is the Friday prior to the class date. All materials and supplies are to be supplied by the students. For sign up information, please call 263-3615.

# ■ Sports Fitness and Aquatics • 263-3954

olarium reservations.

If you are considering
a party in the solarium,
please submit a "Solarium
Reservation Request" to
the front desk staff at the
Yano Fitness Center. Forms
can be e-mailed to you
upon request. For more
information, please phone
263-4664.

### **TANNING BOOTH**

The Yano Fitness Center has two tanning booths. Hours:

Monday - Friday: 6:20 am - 6:25 pm Weekends:

10:05 am - 5:35 pm Purchase a one session card for \$2.50, ten sessions for \$20, or twenty sessions for \$35 (you must be at least age 18). For more information, call 263-4664/3954.

### • Aqua Massage

Yano Fitness Center offers aqua massage; \$5 for 15 minutes. You must be at least age 18.

### **YOGA**

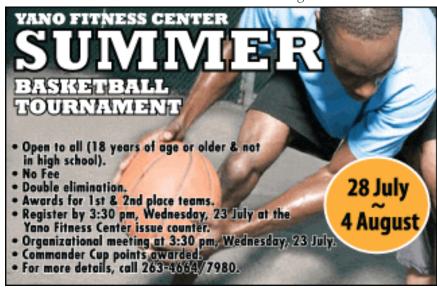
• Hatha Yoga is being offered at the Yano Fitness Center on Sundays at 3:30 pm, Wednesdays at 5:15 pm, Tuesdays and Thursdays at 10:30 am and 5:15 pm. The cost is \$6 per session, \$20 for a 4 session card and \$45 for a 30 day card. Morning and afternoon classes are "Gentle Yoga" and evening classes are "Yoga Flow" for a more vigorous workout.

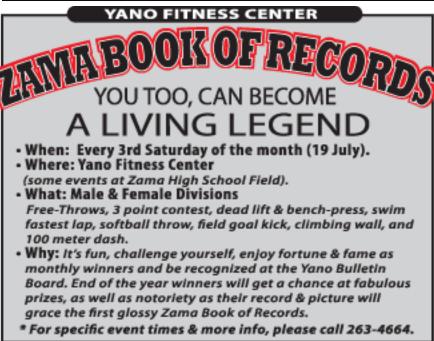
### **MASSAGE**

• Shizuka's Massage Therapy

"Massage with Shizuka" is now being offered at the Yano Fitness Center by appointment only. Days offered are Mondays, Wednesdays, Fridays, and Saturdays. First appointment is 10:30 am and the last appointment is 4 pm. Call the front desk at 263-4664 for additional information. The cost is \$45 for 60 minutes, \$35 for 45 minutes or \$25 for 30 minutes. Payment must be made when making an appointment (you must be at least age 21). For more information, call 263-4664/3954.

**NOTICE:** The massage gift certificate is good for 90 days from the day of purchase. If you have a gift certificate and you are not sure of the expiration date, please contact the front desk at 263-4664.







# • Yukari's Soft-Chiropractic Massage

Japanese "Physiotherapy with Yukari" is available on Fridays, 5:30 - 9 pm (first appointment at 5:30 pm and the last appointment at 7:15 pm), and on Sundays, 11 am - 6 pm (first appointment at 11 am and the last appointment at 5 pm). Call the front desk at 263-4664 for additional information. The cost is \$45 for 60 minutes, \$35 for 45 minutes or \$25 for 30 minutes. Payment must be made when making an appointment (you must be at least age 21). For more information, call 263-4664/3954.

# **AQUATICS (263-4664)**

• SHA Outdoor Pool Hours

Summer opening and closing dates: 14 June - 1 September (open on trial basis 6 - 7 September)

\* Hours of Operation:

Wednesday - Saturday: 10:30 am - 6 pm Sunday: noon - 6 pm

Monday and Tuesday: Closed

• Water Aerobics Days and Hours Yano indoor pool:

Tuesdays and Thursdays:

9 - 10 am

Mondays, Wednesdays and Fridays: 6 - 7 pm

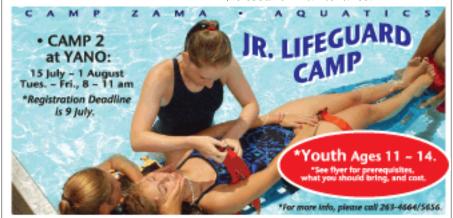
See flyer for specific details and cost.

### **PTTRAINING**

Types of training we support: Water Survival Training, Water Aerobics, Aqua Jogger, APFT Swim Test, Water Exercise, and Swimming Technique.

# JACUZZI, STEAM ROOM AND SAUNA

The jacuzzi, steam room and sauna are coed at the Yano Fitness Center. On Wednesday mornings, all are closed for maintenance.







# alloon Shop. We have a message for every special occasion in your life (helium filled mylar and latex balloons). For better service, place your order in advance.

# ■ Arts and Crafts • 263-4412

### **CLASSES**

• Scrap Book Classes

Thursday at 2 pm. Cost is \$15 for a class. Supplies are included. Bring in a few of your own photos.

• Washi Paper Craft Workshop Fee is \$10; supplies are available at the sales store (appointment only).

• Tole Painting Class "American Folk Art"

Thursdays, 3 pm, \$15 for a class

• *Ikebana* (fresh flower arrangement class)



- Wednesdays Class: 4 6 pm. \$20
   Supplies are included. A monthly class or three month classes are also available.
- Thursday Class: 1st and 3rd Thursday, 6 - 8 pm. \$20 for a class, supplies are included.
- Saturday Class: 1st Saturday of the month, 10 am - noon. \$20 for a class, supplies are included.
- Ersuke Class (drawing for pottery) is also available 5 - 6 pm. \$10 a class.

# POTTERY CLASSES

# Arts and Crafts Center Needs:

washi-paper craft and digital photograph instructors. For more information, 263-4412.

1st, 2nd and 3rd Thursday, 2 pm. \$15 for a class, plus ¥1,000 flower fee.

• *Shodo* (Japanese calligraphy class)

Thursdays, 3 pm, \$10 for a class, includes all supplies.

 Wood Shop Orientation for DA 3031.

Thursdays: 6 pm, Saturdays: 10 am. No fee.

• *Frame Shop Orientation* Wednesdays, 6 pm.

Fee, \$10 a class; supplies are not included.

Advance and refresher classes are conducted upon request. \$10 a class, supplies are not included.

**NOTE:** All classes require advance registration. Schedules are subject to change. Please call 263-4412 for more details.

# ■ Community Cultural Center • 263-3939/5712/8892

### **CLASSES**

- Ballroom Dance
- \* Beginner's Class (four classes per month,  $\frac{1}{2}$ 3,000).

Thursday:

5:15 - 6:10 pm

The class is basically designed for beginners using simple steps. It takes about six months to go through all the dances.

### Standard:

Slow Rhythm Dance (party dance) Basic Waltz Basic Tango Mambo (party dance)

### Latin:

Basic, Cuban Rumba Cha Cha Cha Jitterbug (party dance) \* Basic Class (four classes per month, ¥4,500):

Tuesday: 6:20 - 7:15 pm

The class is designed for students who have completed the beginner's class, or students who have been attending the beginner's class, or people who have some experience and good physical ability for dancing.

\* Intermediate Class (four classes per month, ¥6,000):

Tuesday: 6:20 - 7:15 pm The class is designed for students who have completed the basic class, or students who have been attending the basic class, or people who have more than a few years experience, skills and abilities for ballroom dancing.

• **Piano Lesson** (four classes a month, ¥6,500).

Monday - Friday.

• **Violin Lesson** (four classes a month, ¥6,500).

Tuesday or Thursday.

• Koto Lesson (four classes a month).

Adult: ¥8,000, Youth: ¥7,000, Tuesday.

• Jazz, Ballet and Lyrical Dance Monday and Wednesday.

# The Community Cultural Center is looking for:

- Theater Production, Sax, Guitar and Drum Instructors.
- · Community Drama Club members.

For more information, call 263-3939.

# ■ Outdoor Recreation and Local Tours • 263-4671

# **JULY TOURS AND EVENTS**

• *Orientation for Mt. Fuji Climb* Thursday, 3 July

Start: 4 pm • Finish: 5 pm

• *Tokyo Disneyland/DisneySea* Friday, 4 July

Depart: 7 am • Return: 11 pm

• Kyoto Overnight

Friday-Saturday, 4-5 July Depart: 2 am (Friday)

Return: 9 pm (Satday)

Baseball Game

Seibu Lions vs. Rakuten Eagles

Saturday, 5 July

Depart: 11 am • Return: TBA

• Fujikyu Highland Saturday, 5 July

Depart: 7:30 pm • Return: 7 pm

• Deep Sea Fishing

Mahi Mahi Live Bait Fishing

Sunday, 6 July

Depart: 4 am • Return: 2:30 pm

• Yokosuka Shopping

Sunday, 6 July

Depart: 9 am • Return: 4:30 pm

• Hiratsuka Star Festival

Sunday, 6 July

Depart: 10 am • Return: 4 pm

• *Orientation for Mt. Fuji Climb* Wednesday, 9 July

Start: 5 pm • Finish: 6 pm

• All-U-Can-Eat

Japanese Healthy Food (dinner)

and Shopping

Thursday, 10 July

Depart: 4 pm • Return: 8:30 pm

• Mt. Fuji Climb (Fujiyoshida Trail)

Saturday, 12 July

Depart: 4 am • Return: 9:30 pm

• Deep Sea Fishing

Mahi Mahi Live Bait Fishing

Saturday, 12 July

Depart: 4 am • Return: 2:30 pm

• Kamogawa Sea World

Sunday, 13 July

Depart: 7 am • Return: 6 pm

• Tokyo Free Time (New Sanno Area) Sunday, 13 July

Depart: 8:30 am • Return: 6 pm

• Orientation for Mt. Fuji Climb

Wednesday, 16 July

Start: 5 pm • Finish: 6 pm

• Izu White Sand Beach and Shimoda Overnight

Friday-Saturday, 18-19 July

Depart: 4:30 am (Fri.) Return: 6 pm (Sat.)

• Hakone Excursion

Saturday, 19 July

Depart: 7:30 am • Return: 6 pm

• Fuji Safari Park

Saturday, 19 July

Depart: 8 am • Return: 5 pm

• Yokohama Fire Festival

Sunday, 20 July Depart: 4:30 pm Return: 10:30 pm

• Mt. Fuji Climb (Overnight for

Beginners)

Fujiyoshida Trail

Friday-Saturday, 25-26 July

Depart: 4:30 am (Fri.) Return: 3 pm (Sat.)

• Deep Sea Fishing

Mahi Mahi Live Bait Fishing

Saturday, 26 July

Depart: 4 am • Return: 2:30 pm

Nikko Excursion

Saturday, 26 July

Depart: 5 am • Return: 8 pm

• Antique Jamboree Tokyo Big Site

Sunday, 27 July

Depart: 8:30 am • Return: 4:30 pm

• Hawaiian Festival at Yokohama

Sunday, 27 July

Depart: 12 pm • Return: 8 pm



# **MEETINGS**

- Tuesday, 8 July
- Tuesday, 22 July

\*All meetings are at 2 pm at the CCC.

# ■ Community Libraries • 263-3517

http://www.usarj.army.mil/information/zama/mwr/library/index.htm

### **ON-LINE CATALOG.**

Search our collection from home or work at: http://www.yokotalibrary.com/uhtbin/webzama/

### **NEW MCNAUGHTO BOOKS**

- Home by Andrews, Julie (Best-seller)
- Compulsion by Kellerman, Jonathan (Best-seller)
- Unaccustomed Earth by Lahiri, *Ihumpa (Best-seller)*
- Hollywood Crows by Wambaugh, Joseph (Best-seller)
- Bad Money by Phillips, Kevin (Best-seller)
- Predictably Irrational by Ariely, Dan

- Lost Souls by Jackson, Lisa
- Diary of a Wimpy Kid by Kinney, Jeff
- The Last Lecture by Pausch, Randy
- Dead Heat by Rosenbert, Joel

### **NEW DVDS**



# ■ Directory of MWR Facilities & Additional Activities

DIRECTORATE OF MORALE, WELFARE AND		CYS Central Enrollment Registry Office
RECREATION 263-7611/3690	■ SAGAMI LOUNGE 268-4954	263-4125
	Take Out 268-4142 Lunch (Mon-Fri) 1100-1300	263-4743
Army Community Services Branch	<b>Dinner</b> (Tue-Sat) 1700-2000	Mon-Fri 0830-1730
<b>1</b>	Lounge/Game Room	Family Child Care 263-4743 263-4125
Army Community Services 263-4357 Mon, Tue, Thu, Fri 0730-1630	Tue-Thu 1100-2200	Sagamihara CDC 267-6564
Wed 0730-1500	Fri 1100-2400	Mon-Fri 0530-1800
	Sat 1630-2300	Zama CDC 263-4992
ZAMA Golf Club	Open during lunch	Mon-Fri 0530-1800
■ DIRECTOR OF GOLF 263-3694	Recreation Division	■ YOUTH SERVICES  Zama Youth Center 263-4500
ADMINISTRATIVE OFFICE	Necreation Division	Mon-Thu 1430-2000
263-4966	■ CHIEF RECREATION OFFICE 263-3479	Fri 1430-2200
(All the following golf activities are open during	■ ADMINISTRATIVE OFFICE 263-5614	Sat 1200-2200
lunch).	■ ARTS & CRAFTS CENTER 263-4412	Sun 1200-1700
Course/Starter 263-4975 Mon-Fri 0700-1700	Mon-Tue Closed Wed-Thu 1300-2100	School Age Services (SHA) 267-6317 Mon-Fri 0630-1800
Weekends & US / Japanese Holidays	Fri, Sat & Sun 1000-1800	Youth Sports 263-5437
0600-1700	Open during lunch	Mon-Sat 0900-1800
Restaurant 263-7665	■ AUTO CRAFTS SHOP 263-3615	Open during lunch
Mon, Tue, Thu, Fri 0630-1900	Sun-Mon Closed	6.1 17:: 000 262.2241
Wed 0630-1900 Weekends & US / Japanese Holidays	Tue-Fri 1300-2100 Sat 1000-1800	School Liaison Office 263-3241
0530-1900	Open during lunch	Zama Lodging
Pro Shop 263-5284	■ COMMUNITY CULTURAL CTR 263-3939	- ADMINISTRATIVE OFFICE 262 2202
Mon-Fri 0645-1700	Mon-Fri 0800-2100	ADMINISTRATIVE OFFICE 263-3293 Reservation Desk
Weekends & US / Japanese Holidays	Sat, Sun & Hol Closed	263-2775
0545-1700	Open during lunch ■ INTERNATIONAL TOURS 263-5273	Front Desk 263-3830
Driving Range (Unattended)  Mon - Fri Sunrise-2200	■ INTERNATIONAL TOURS 263-5273 Mon-Fri 1000-1800	Open 24 hours/7 days a week
Saturday Sunrise-1930	Open during lunch	110001011 10110
Sun 1600-2200	■ LIBRARŸ	USAG-J Okinawa MWR
	Zama 263-3517	■ MWR OFFICE 644-5396
Chip Inn & Snack Stand 263-5834 Mon-Fri 0800-1600	Mon-Thu 1000-2030 Fri- Sun & Hol 1000-1800	■ ADMINISTRATIVE OFFICE 644-4270
Weekends & Hol. 0700-1500	Open during lunch	■ ARMY COMMUNITY SERVICE
Weekends & Hell 6760 1960	U.S. Holidays Closed	Director 644-4110
Business Division	Sagamihara 267-6603	Relocation Coordinator 644-4385 Mob-Dep/IVC 644-4116
ADMINISTRATIVE OFFICE 262 TO25	Tue-Thu 1000-1900	Financial Readiness/AER 644-4378
■ ADMINISTRATIVE OFFICE 263-7935	Fri-Sat 0900-1800 Sun, Mon & Hol Closed	Family Advocacy Program 644-5919
■ BOWLING CENTER ZAMA 263-4780	Closed for lunch 1400-1500	Victim Advocate/SARC 644-4908
Mon-Wed, Sat-Sun 1100-2200	OUTDOOR RECREATION 263-4671	AFTB/AFAP Program 644-4743
Thu & Fri 1100-2230	US Holidays Closed	EFMP Program 644-4106 ACS FAX 644-5918
Holidays Closed	Vehicle/Equipment Rental & Local Tours	School Liaison Office 644-4703
■ BOWLING CENTER DEPOT 268-4954/4606	Mon-Fri 0900-1730 Sat-Sun 0800-1600	■ ARTS & CRAFT CENTER 644-4303
Tue - Sat 1100-2000 Sun - Mon Closed	Sat-Sun 0800-1600 Open during lunch	Lobby 644-4706
■ ZAMA COMMUNITY CLUB	Animal Boarding Kennels 263-5915	AUTO CENTER 644-5612
■ ADMINISTRATIVE OFFICE 263-4133	Mon-Fri 1000-1700	Business Manager 644-4256
Lunch	Sat-Sun 1000-1600	Lounge 644-4306
Tue-Fri 1045-1315 Sunday Brunch 1000-1330	Closed for lunch 1230-1330 Hardy Barracks Lodging 229-3270	Cashier Cage 644-4426
Cashier 263-4547	Kure Lodging 256-2580	■ LIBRARY 644-4468
Sun-Thu 1000-2300	■ POOLS 263-5656	Staff Room 644-5335
Fri 1000-0230	YANO 263-5037	■ MARKETING Commercial Sponsorship 644-4495
Sat 1000-0200	Mon-Fri 0600-1900	Graphic/Illustration 644-4665
Catering 263-4204 Tue, Thu & Fri 0930-1730	Sat-Sun, Holidays 1000-1800 SHA (Summer) 263-5656/267-6122	SPORTS / FITNESS
Wed (Appts Only)	Wed, Fri 1200-1800	Sports / Fitness 644-4334
Café Roberto	Sat-Sun 1100-1800	Aquatics 644-4389
Sun, Tue & Wed 1100-2300	Mon, Tue Closed	OUTDOOR RECREATION Scuba Locker 644-4795
Thu 1100-2200 Fri & Sat 1100-2300	DEPOT (Closed)  SPORTS/FITNESS CENTER 263-4664	Retail Sales 644-4290
No food service after 2200 hours	Zama 263-3954	Equipment Issue 644-4263
Cornerstone Game Room (no bar)	Mon-Fri 0530-2100	Beach Rental Office 644-4659
Tue-Thu & Sun 1000-2300	Sat-Sun, Holidays 1000-1800	Cabin Reservation 644-4659
Fri 1000-0300	Sagamihara 263-3954/267-6762	Kure Harbor Club
Sat 1000-0230 Firelite Lounge	Mon-Sun Open 24 hrs <b>Depot</b> 268-4729	
Sun-Tue & Wed Closed	Depot 268-4729 Mon-Sun, Holidays 0930-1830	■ MWR Office 256-2580
Thu Closed	,	256-2581
Fri 1800-0300		0800-1630 ■ Outdoor Recreation 256-2575
Sat 1900-0230	Support Services Division	0900/1700
USA Dining Room Tue, Thu & Sun 1700-2100	■ DIRECTOR 263-4273	■ Dining Room
Wed Closed	■ DIRECTOR 203-4273 ■ ADMINISTRATIVE OFFICE	Mon-Fri (Breakfast) 0700-0830
Fri-Sat 1700-2200		Mon-Fri (Lunch) 1130-1300
■ HOB NOB INN 267-6097	Child and Youth Service Branch	Tue-Sat (Dinner) 1630-2000 <b>Bar</b> Mon 1630-2000
Lounge & Game Room	CHILD Save COORDINATOR 262 0000	Tue-Sat 1630-2200
Sun, Mon, Tue Closed Wed 1630 - 2300	■ CHILD & YS COORDINATOR 263-8086 (All the following CDC facilities are open during	■ PX / CLASS 6
Thu 1630 - 2100	lunch.)	Mon-Fri 0900-1730
Fri 1630 - 0100		Sat 1130-1530
Sat 1900 - 0100	I	I



# 4TH OF JULY "SPRINT" RUNS

[YOUTH] • Event: ONE MILE SPRINT RUN • Where: Run starts at Dewey Park • When: 1600
• Registration: Please register at the CYS Central Enrollment Registry Office in Bldg 533,or you may register at Dewey Park the day of the event. • Cost: There is no fee for this event - all participants receive a quality t-shirt • Information: Phone 263-4066 or 5437

[ADULT] • Event: ONE MILE SPRINT RUN • Where: Run starts at Dewey Park • When: The sprint will start at 1700 at the APFT (Army Physical Fitness Test) Start point and will finish at Dewey Park.
• Registration: Please register at the Yano Fitness Center issue counter by Wednesday, 25 June, 2100. Packet Pick-up will be on Friday, 4 July, 1545 - 1655 at the APFT Start point. The first 95 who register will receive a T-shirt. • Awards: Awards will be presented to the Top 2 Adult men and women per age category. Age Categories: Men & Women, Adult 18-29, 30-39, 40-49, and 50 plus years. 18 years cannot be in High School. • Cost: There is no fee for this event - all participants receive a quality T-shirt

Information: Phone 263-7980

Sand Volleyball • Tug-a-war • Horse Shoes • Other fun activities available.
 Get active on the 4th of July! For more info, call 263-4664/7980.





Saturday, 2 AUGUST 2008 1030 - 2130

LIVE ENTERTAINMENT, PORTABLE SHRINE PARADE, BON ODORI DANCING, FOOD, FUN GAMES, FIREWORKS.

For more information, call 263-3479.

Adult Friendship Basketball Game: 2 August, 1400 at the Yano Fitness Center.

• • • BON DANCE LESSONS • • •

GET READY FOR BON ODORI 2008!

Bon dance lessons will be held at the Community Cultural Center from 1730 - 1930. Tuesday and Thursday, 15, 17, 22, 24, 29 and 31 July. For more information, 263-5455.

